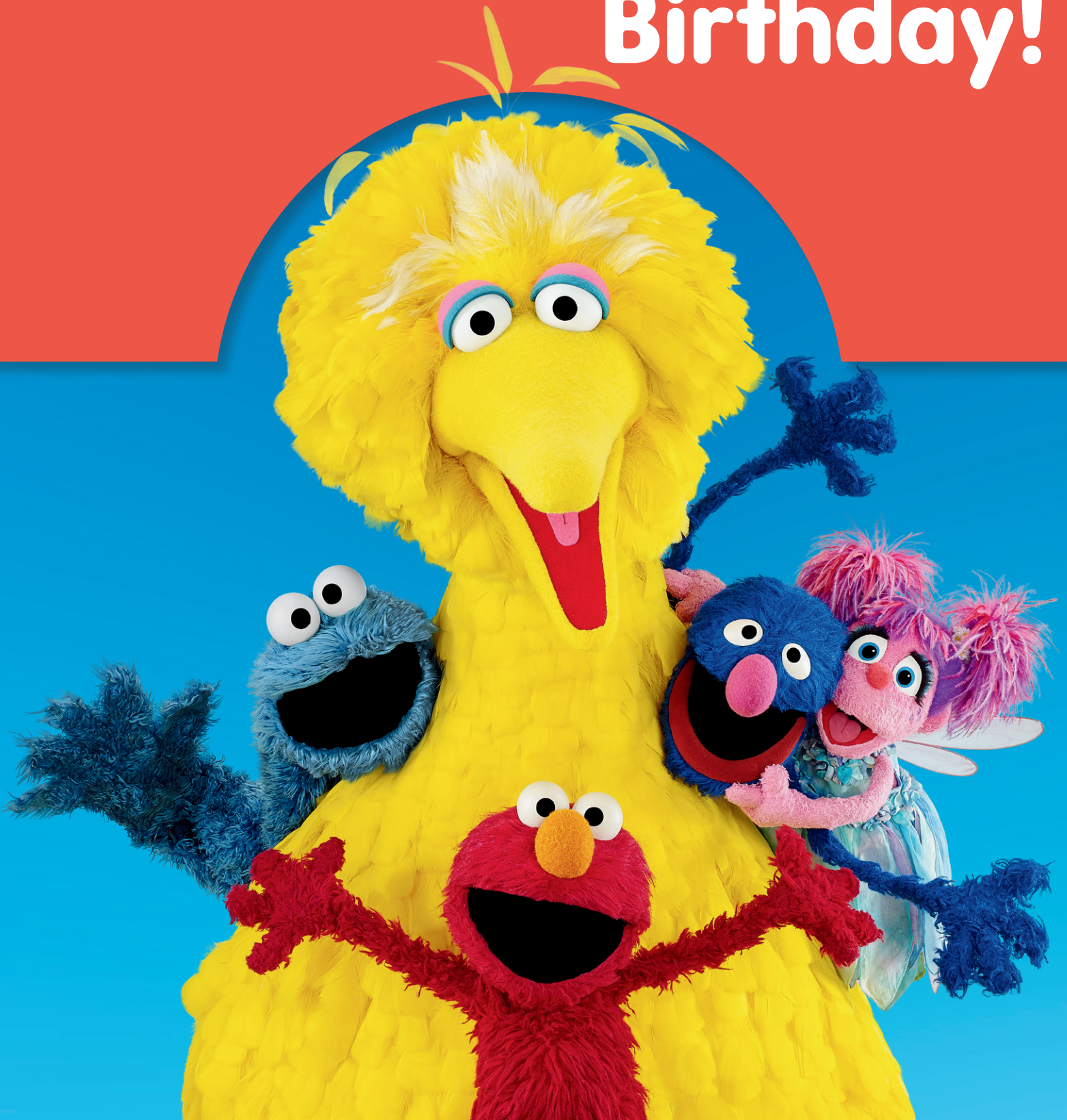




Elmo's Birthday!



Activity Booklet 2025

Elmo's Birthday!

Dear Friend,

You're invited to a very special event—it's Elmo's birthday!

Get ready to dance, sing, and play with your favorite furry monster and his *Sesame Street* friends as they celebrate Elmo's big day on February 3.

These activities are full of birthday fun to get the party started!

Let the party begin!

Your friends,



Get your copy today! 

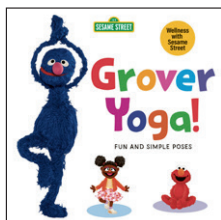


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Mindful Moments Tic-Tac-Toe

Elmo has lots of feelings when he's celebrating his birthday and he knows those feelings come and go. With a grown-up, play a game of feelings tic-tac-toe. Draw an X on any box that says something you've done. You can play throughout the day and try to get three Xs in a row.

I named a feeling I had today.	I had a big feeling today and gave myself a hug to feel better.	I named a feeling someone else had today.
I talked to a grown-up about how I was feeling.	I took slow, deep belly breaths when I had a big feeling to help me feel better.	I asked someone else how they were feeling.
I frowned when I felt sad.	I did a wiggle dance when I had a big feeling to help me feel better.	I smiled when I felt happy.



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Birthday Dress-Up!

Elmo's having a birthday party. What should he wear?

A bathing suit? A fancy hat? You decide!

Color in what you would like Elmo to wear to his birthday party.



Get your copy today!



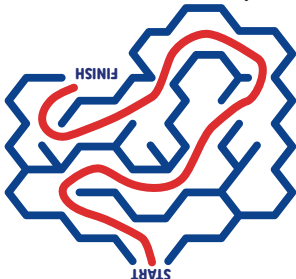
Elmo's Birthday!

On the Go Fun

How should Elmo get to his birthday party?
Circle which vehicle he should take, then complete the maze to help him get there!

A large maze with a blue path leading from a 'START' point to a 'FINISH' point. At the top, three vehicles are shown: a yellow and blue Volkswagen Beetle, a purple car with wings, and a red and white utility truck. At the bottom right, Sesame Street characters are gathered: a blue bird-like character, a pink character, a large blue bear-like character, and a green bear-like character. There are also balloons: a red heart-shaped balloon, a green balloon, and a blue star-shaped balloon.

Answer Key:



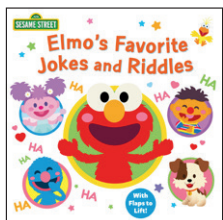
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Elmo's Birthday!

Birthday Surprises

Elmo's friends surprised him for his birthday!
Color in the picture of them celebrating.



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Elmo's Birthday!

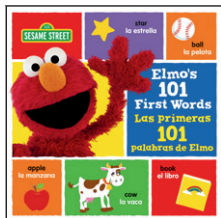
Sing with Me

Help Elmo's friends sing "Happy Birthday!"
Sing it once in English, then sing the same tune in Spanish!



Happy birthday to you.
Happy birthday to you.
Happy birthday, dear Elmo.
Happy birthday to you.

Cumpleaños feliz.
[koom-pleh-ah-nyohs feh-lees]
Cumpleaños feliz.
[koom-pleh-ah-nyohs feh-lees]
Cumpleaños, querido Elmo.
[koom-pleh-ah-nyohs, keh-ree-doh Elmo]
Cumpleaños feliz.
[koom-pleh-ah-nyohs feh-lees]



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Elmo's Birthday!

Dance Party

Elmo loves to dance on his birthday! Follow the steps below to do the chicken dance with him.

Step 1

Make chicken beaks with your hands.

Step 2

Flap your wings.

Step 3

Bend your knees and shake your hips.

Step 4

Clap your hands four times.



Get your
copy today!

